



New Zealand National Kettlebell Sport Records - TRADITIONAL 10MIN

Men's Biathlon

07-Sep-26

Athlete	W/C	B/W	KB	Jerk	Snatch	Total	Rank	Competition
	<80		16					
	80+		16					
	<80		20					
	80+		20					
Ed Wright	<80	78	24	50	100	100.0		2019 NZGSA North Islands
	80+		24					
	<80		28					
	80+		28					
Paul White	<80	72.1	32	67	126	130.0		2014 OKC California Open 2014
Brian Reeves	80+	128.2	32	12	33	28.5		2015 NZGSA South Islands

Men's Long Cycle

Athlete	W/C	B/W	KB	Total	Competition
Heath Bowman	<80	74.8	16	118	Nat 3 2019 Canterbury Open
Matthew Crocker	80+	107.5	16	90	2025 Trans Tasman Cup
Heath Bowman	<80	69.6	20	101	Nat 2 2015 NZGSA South Islands
Ed Wright	80+	84.7	20	85	Nat 2 2023 NZGSA Open - February
Paul White	<80	77.0	24	86	Nat 1 2014 Physical Culture Open 4
	80+		24		
Heath Bowman	<80	73.2	28	45	2015 Physical Culture Open
	80+		28		
Paul White	<80	72.1	32	52	MS 2014 OKC California Open
	80+		32		

Men's Snatch Only

Athlete	W/C	B/W	KB	Total	Competition
Heath Bowman	<80	76.8	16	233	Nat 3 2019 Top of the South Open
Peter Jones	80+	82.9	16	208	Nat 3 2016 Physical Culture Open
Heath Bowman	<80	71.5	20	205	Nat 2 2014 Physical Culture Open
Mark Keet	80+	111.8	20	140	2021 NZGSA Nationals
Paul White	<80	77.0	24	222	Nat 2014 Physical Culture Open
	80+		24		
	<80		28		
	80+		28		
	<80		32		
	80+		32		

Men's One Arm Long Cycle

Athlete	W/C	B/W	KB	Total	Competition
Heath Bowman	<80	75.1	16	141	Nat 3 2018 NZGSA North Islands
Yann Roux	80+	93.4	16	142	Nat 3 2018 NZGSA North Islands
Jethro Bowman	<80	78.7	20	127	Nat 2 2019 Top of the South Open
Falk Werner	80+	94.8	20	106	2023 NZGSA NZ Open
Heath Bowman	<80		24	127	2019 GSAA Nationals
Ed Wright	80+	85.7	24	122	2025 Trans Tasman Cup
	<80		28		
Ed Wright	80+	84.2	28	103.0	2026 Trans Tasman
Heath Bowman	<80	79.0	32	100	NZGSA Nationals 2019
	80+		32		

Men's One Arm Jerk

Athlete	W/C	B/W	KB	Total			Competition
	<80		16				
Mark Keet	80+	107	16		126.0		2026 Trans Tasman
	<80		20				
	80+		20				
	<80		24				
	80+		24				
	<80		28				
	80+		28				
	<80		32				
	80+		32				

Men's Jerk

Athlete	W/C	B/W	KB	Total			Competition
	<80		16				
Sandy Gray	80+	80.6	16		57.0		2026 Trans Tasman
	<80		20				
	80+		20				
	<80		24				
	80+		24				
	<80		28				
	80+		28				
	<80		32				
	80+		32				

Men's One Arm Half Snatch

Athlete	W/C	B/W	KB	Total			Competition
	<80		16				
Mark Keet	80+	106.5	16		177	Nat 3	2026 Trans Tasman Cup
	<80		20				
	80+		20				
	<80		24				
	80+		24				
	<80		28				
	80+		28				
	<80		32				
	80+		32				

Men's Double Half Snatch

Athlete	W/C	B/W	KB	Total			Competition
Conner Bond	<80	74.8	16		64.0		2026 Trans Tasman
	80+		16				
	<80		20				
	80+		20				
	<80		24				
Ed Wright	80+	85.7	24		51		2025 Trans Tasman Cup
	<80		28				
	80+		28				
	<80		32				
	80+		32				

	Represents Novice Category
	Represents Amateur Category
	Represents Pro Category