



## New Zealand National Kettlebell Sport Records TRADITIONAL 10MIN

### Women's One Arm Biathlon

30-Sep-24

Athlete	W/C	B/W	KB	Jerk	Snatch	Total	Rank	Competition
Dee Hollyman	<65	56.8	8	182	172	354.0		Physical Culture Open 2016
	65+		8			0.0		
Nikki Bowman	<65	62.9	12	114	144	258.0		NZGSA Nationals 2017
	65+		12			0.0		
	<65		16			0.0		
Victoria Wakefield	65+	70	16	152	142	294.0		NZGSA NI 2019
	<65		20			0.0		
	65+		20			0.0		
	<65		24			0.0		
	65+		24			0.0		

### Women's Biathlon

Athlete	W/C	B/W	KB	Jerk	Snatch	Total	Rank	Competition
	<65		8			0.0		
	65+		8			0.0		
Tamra Ewing	<65	60.5	12	115	218	224.0	Nat 1	NZGSA NI 2019
	65+		12			0.0		
Tamra Ewing	<65	60.6	16	58	147	131.5		NZGSA Nationals 2019
Victoria Wakefield	65+	68.5	16	94	166	177.0	CMS	NZGSA 2024 NZ Open
	<65		20			0.0		
	65+		20			0.0		
	<65		24			0.0		
	65+		24			0.0		

### Women's One Arm Long Cycle

Athlete	W/C	B/W	KB	Total	Rank	Competition
Nicolette Le Roux	<65	64.85	8	90.0		NZGSA Nationals 2018
Hope Rogers	65+		8	113.0		NZGSA SI 2017
Shannon Mitchell	<65	64.6	12	127.0	Nat 2	NZGSA Nationals 2019
Neroli King	65+	69.3	12	129.0	Nat 2	Canterbury Open 2019
Sheena Jones	<65	62.2	16	121.0	Nat 1	NZGSA Nationals 2016
Neroli King	65+	65.5	16	116.0	Nat 1	NZGSA NI 2019
Ekaterina Tabakova	<65	54.6	20	103.0	Nat 1	Canterbury Open 2019
Michelle Byczkow	65+	69.2	20	57.0		Kettlebell Athletica WGP 2014
	<65		24			
	65+		24			

### Women's Long Cycle

Athlete	W/C	B/W	KB	Total	Rank	Competition
	<65		8			
	65+		8			
Sheena Jones	<65	59.4	12	90.0	Nat 1	NZGSA Nationals 2017
Victoria Wakefield	65+	69.5	12	101.0	Nat 1	NZGSA Nationals 2018
Ekaterina Tabakova	<65		16	67.0		NZGSA Regionals Online 2020
	65+		16			
	<65		20			
	65+		20			
	<65		24			
	65+		24			

### Women's Snatch Only

Athlete	W/C	B/W	KB	Total	Rank	Competition
Nikki Bowman	<65	60.8	8	190.0	Nat 3	NZGSA SI 2015
	65+		8			
Sheena Jones	<65	59.1	12	213.0	Nat 2	Top of the South Open 2018
Neroli King	65+		12	238.0	Nat 2	NZGSA Nationals 2020
Tamra Ewing	<65		16	162.0	Nat 1	NZGSA Nationals 2020
Victoria Wakefield	65+	67	16	148.0	Nat 1	Arnold Sports Festival 2018
Tamra Ewing	<65	62.8	20	90.0		NZGSA Nationals 2021 (online)
	65+		20			
	<65		24			
	65+		24			

### Women's Jerk

Athlete	W/C	B/W	KB	Total	Rank	Competition
	<65		8			
Neroli King	65+		8	153.0	Nat 3	2024 GSAA National Championships
	<65		12			
	65+		12			
	<65		16			
	65+		16			
	<65		20			
	65+		20			
	<65		24			
	65+		24			

### Women's One Arm Jerk

Athlete	W/C	B/W	KB	Total	Rank	Competition
	<65		8			
	65+		8			
	<65		12			
	65+		12			
	<65		16			
Shannon Mitchell	65+	65.4	16	108.0		2023 NZGSA Winter Open
	<65		20			
Shannon Mitchell	65+	65.5kg	20	50.0		NZGSA 2024 Winter Open
	<65		24			
	65+		24			

- Represents Novice Category
- Represents Amateur Category
- Represents Pro Category