



**NZGSA
WINTER
OPEN
24**



NZGSA 2024 Winter Open

Saturday 29 June 2024

Carbon Method CrossFit, Auckland

EVENT	ATHLETE	BWC	ACTUAL BW	AGE CAT		KB	REPS	POINTS	PLACING	NZ RECORD	RANKING
				OPEN	VETERAN						
TRADITIONAL											
Snatch	Silvi Bahrumsyah	F68+kg	74.9kg	✓		8kg	194		1st Open		
OAJ	Shannon Mitchell	F<68kg	65.5kg	✓		20kg	50		1st Open	Open	
OALC	Campbell Bond	M<105kg	96kg	✓	✓	20kg	100		1st Open/Vet		
LC	Elijah Zhang	M<78kg	76.8kg	✓		20kg	49		1st Open		
BIATHLON											
	Victoria Wakefield	F>68kg	69.1kg	✓	✓	16kg	244	171.5	1st Open/Vet		NZ MS - Vet, NZ Open - CMS
	Craig Gilbertson	M<78kg	76.7kg	✓		12kg	284	284	1st Open		
MILITARY SNATCH											
	Jo Barnfield	F80+kg	83.4kg	✓		12kg	218		1st Open		
	Campbell Bond	M<105kg	96kg	✓	✓	20kg	217		1st Open/Vet		
HALF MARATHON											
Snatch	Rose Ewing	F60-70kg	63.8kg	✓	✓	16kg	430	1019.1	1st Open/Vet (1)	Open/Vet (1)	IKMF CMS - Vet (1), IKMF Nat - Open
OAJ	Neroli King	F70k+g	70.3kg	✓	✓	14kg	341	675.18	1st Open/Vet (3)		IKMF Nat - Vet (2)
OALC	Mark Keet	M85+kg	106.5kg	✓	✓	28kg	240	1276.8	1st Open/Vet (2)	Open/Vet (2)	IKMF CMS - Vet (2), IKMF Nat - Open
PENTATHLON											
Single Bell	Charlotte Nevill	F70+kg	93.4kg	✓	✓		433	705	1st Open/Vet		IKMF Nat - Vet
	Ed Wright	75-85kg	79.05kg	✓			528	1824	1st Open	Open	IKMF - MS (unofficial)
Double Bells	Matthew Crocker	91+kg	109.48	✓			158	337	1st Open	Open	