



NZGSA 2024 NZ Open

Saturday 4 May 2024											
CrossFit Inner Strength, Auckland											
EVENT	ATHLETE	BWC	ACTUAL BW	AGE CAT		KB	REPS	POINTS	PLACING	NZ RECORD	RANKING
				OPEN	VETERAN						
TRADITIONAL											
OAJ	Shannon Mitchell	F<68kg	67.6kg	✓		20kg	45		1st Open	Open	
Snatch	Craig Gilbertson	M<85kg	74.4kg	✓		12kg	148		1st Open		
BIATHLON											
	Victoria Wakefield	F>68kg	68.5kgkg	✓	✓	16kg	260	177	1st Open/Vet	Vet/Open	NZ MS - Vet, NZ Open - CMS
MILITARY SNATCH											
	Mark Keet	M>105kg	106.5kg	✓	✓	24kg	203		1st Open/Vet	Vet/Open	
STRONGMAN											
	Matthew Crocker	M>85kg	108.8kg	✓		40kg	63		1st Open	Open	
HALF MARATHON											
Snatch	Rose Ewing	F60-70kg	65.3kg	✓	✓	14kg	464	918.72	1st Open/Vet (1)	Open/Vet (1)	IKMF CMS - Vet (1), IKMF Nat - Open
OAJ	Neroli King	F>70kg	71.7kg	✓	✓	14kg	422	835.56	1st Open/Vet (3)	Open /Vet (3)	IKMF CMS - Vet (2)
OALC	Elijah Zhang	M75-85kg	75kg	✓		20kg	392	1262.24	1st Open	Open	
MARATHON											
OALC	Ed Wright	M<75kg	71kg	✓		28kg	603	3207.96	1st Open	Open	IKMF - unofficial MS Open
GIVE IT A GO											
Snatch	Jo Barnfield	-	-	-	-	12kg	96				
	Pretty	-	-	-	-	8kg	115				
	Craig Gilbertson	-	-	-	-	14kg	77				
Half Snatch	Charlotte Nevill	-	-	-	-	10kg	83				
OALC	Kristel Margison	-	-	-	-	6kg	62				
	Tia Bai	-	-	-	-	8kg	46				
	Lily Qiu	-	-	-	-	8kg	71				
	Eve Wang	-	-	-	-	8kg	74				
	Kay Han	-	-	-	-	8kg	80				