



New Zealand National Kettlebell Sport Records - TRADITIONAL 10MIN

Men's Biathlon

1-Sep-23

Athlete	W/C	B/W	KB	Jerk	Snatch	Total	Competition
	<80		16			0.0	
	80+		16			0.0	
	<80		20			0.0	
	80+		20			0.0	
Ed Wright	<80	78	24	50	100	100.0	NZGSA NI 2019
	80+		24			0.0	
	<80		28			0.0	
	80+		28			0.0	
Paul White	<80	72.1	32	67	126	130.0	OKC California Open 2014
Brian Reeves	80+	128	32	12	33	28.5	NZGSA SI 2015

Men's Long Cycle

Athlete	W/C	B/W	KB	Total	Competition
Heath Bowman	<80	74.8	16	118.0	Canterbury Open 2019
Mark Keet	80+		16	85.0	NZGSA Nationals 2020
Heath Bowman	<80	69.6	20	101.0	NZGSA SI 2015
Ed Wright	80+	84.7	20	85.0	2023 NZGSA Open - February
Paul White	<80	77	24	86.0	Physical Culture Open 2014
	80+		24		
Heath Bowman	<80	73.2	28	45.0	Physical Culture Open 2015
	80+		28		
Paul White	<80	72.1	32	52.0	OKC California Open 2014
	80+		32		

Men's Snatch Only

Athlete	W/C	B/W	KB	Total	Competition
Heath Bowman	<80	76.8	16	233.0	Top of the South Open 2019
Peter Jones	80+	82.9	16	208.0	Physical Culture Open 2016
Heath Bowman	<80	71.5	20	205.0	Physical Culture Open 2014
Mark Keet	80+	112	20	140.0	NZGSA Nationals 2021
Paul White	<80	77	24	222.0	Physical Culture Open 2014
	80+		24		
	<80		28		
	80+		28		
	<80		32		
	80+		32		

Men's One Arm Long Cycle

Athlete	W/C	B/W	KB	Total	Competition
Heath Bowman	<80	75.1	16	141.0	NZGSA NI 2018
Yann Roux	80+	93.4	16	142.0	NZGSA NI 2018
Jethro Bowman	<80	78.7	20	127.0	Top of the South Open 2019
Falk Werner	80+	94.8	20	106.0	NZGSA 2023 NZ Open
Heath Bowman	<80		24	127.0	GSAА Nationals 2019
	80+		24		
	<80		28		
	80+		28		
Heath Bowman	<80	79	32	100.0	NZGSA Nationals 2019
	80+		32		

Men's One Arm Jerk

Athlete	W/C	B/W	KB	Total	Competition
	<80		16		
	80+		16		
	<80		20		
	80+		20		
	<80		24		
	80+		24		
	<80		28		
	80+		28		
	<80	79	32		
	80+		32		

Men's Jerk

Athlete	W/C	B/W	KB	Total	Competition
	<80		16		
	80+		16		
	<80		20		
	80+		20		
	<80		24		
	80+		24		
	<80		28		
	80+		28		
	<80	79	32		
	80+		32		

- Represents Novice Category
- Represents Amateur Category
- Represents Pro Category