



Pentathlon Series 2019 - Official Scorecard

Athlete Name	Heath Bourton	Event	Round 1
Date	19-01-19	Location	Keressea Academy

Lift	KB Weight	Coefficient (kg/8)	Repetitions Achieved						Total (Reps x Coefficient)
			20	40	60	80	100	120	
Clean and Press (60 reps)	24	3	###	###	###	###			57 x 3
			###	###	###	###			= 171
Half Snatch (108 reps)	24	3	###	###	###	###	###	###	108 x 3
			###	###	###	###	###	###	= 324
Push Press (120 reps)	20	2.5	###	###	###	###	###	###	120 x 2.5
			###	###	###	###	###	###	= 300
Clean (120 reps)	32	4	###	###	###	###	###	###	105 x 4
			###	###	###	###	###	###	= 420
Jerk (120 reps)	24	3	###	###	###	###	###	###	95 x 3
			###	###	###	###	###	###	= 285
Signed Judge			Signed NZGSA Rep						Final Score
									1500